



## **Agenda**

**March 13, 2008**

**Indiana Convention Center – Sagamore Ballroom**

**8:00 am – 9:00 am**  
**9:00 am – 9:15 am**  
**9:15 am – 9:45 am**  
**9:45 am – 10:45 am**

**Registration**  
**Welcome**  
**Act Out**  
**Mann Spittler, III, DPM, CPP, “Manda’s Story”**

**11:00 am – 11:45 am**

### **Breakout Sessions**

- Alcohol – Over the Limit - Alcohol Toxicity and Binge Drinking
- Drug Use – Prescription Drug Use
- Healthy Relationships – Dating Issues and Healthy Relationships
- Injury – Distracted Driving, A Personal Story
- Injury – Suicide Prevention
- Nutrition – Healthy Eating: Hold the Fries
- Nutrition – Teen Body Image
- Physical Activity – Wii Would Like to Play
- Tobacco – Using Your VOICE to Fight Big Tobacco
- Violence – Breaking Roots of Violence

**11:45 am – 12:45 pm**

### **Lunch & Activity Center**

**1:00 pm – 1:45 pm**

### **Breakout Sessions**

- Alcohol – Reducing Underage Drinking in Your Community
- Drug Use – Just a Normal High School Kid
- Healthy Relationships – Evaluating Your Relationships
- Injury – Internet Safety
- Nutrition – Eating for Sports
- Physical Activity – Designing Your Own Exercise Program
- Tobacco – Tobacco Use and the Movies
- Violence – Self Defense for Women

**2:00 pm – 2:45 pm**

### **Breakout sessions**

- Alcohol – Underage Drinking, An Unacceptable Norm
- Drug Use – Lose Weight Fast (girls only)
- Healthy Relationships – Teen Mentoring
- Injury – Bullying Prevention
- Injury – Disaster Survival
- Nutrition – Eating Disorders
- Physical Activity – Zumba (dance)
- Tobacco – Teens Against Tobacco Use
- Violence – Choices and Life in the ER

**3:00 pm – 3:30 pm**  
**3:30 pm – 4:00 pm**  
**4:00 pm – 4:30 pm**

**Rupert Boneham, CBS show Survivor, “Just Being Me”**  
**Tasha Jones, Educator and Poet, “Hello Beautiful!”**  
**Closing and Prize Drawing**